YEAR 12 A-LEVEL PE LEARNING JOURNEY

Develop team work, leadership and independent skills

Gain dynamic theoretical and practical skills

Data analysis

Evaluation of sporting theories and concepts

Application of cross-curricular subjects (Maths, Biology, Physics, Sociology and Psychology) to sporting concepts/performances

Year 12

Understanding and Applying A-Level PE Skills

Year 13

Demonstrate knowledge and understanding of physical activity (A01, A02, A03)

Demonstrating what constitutes a healthy, active lifestyle.

Understanding sport on a local, national and global scale

Assessing the impact of sporting concepts and theories

Analytical and Evaluative skills through sporting performance

NEA Preparation

Final A level exams

Examinations

Revision

Paper 1 and 2 Revision

NEA Preparation

NEA Preparation

NEA Preparation

Revision

Paper 1 and 2 Revision

CQ

The Role of Technology in Sport

NEA Preparation

GB4

NEA Preparation and Sport and Society and the Role of Technology in Physical Activity and Sport

Commercialisation

Drugs in Sport

Violence in Sport

Sport and the Law

Development of Elite Performers in Sport

Concepts of Physical Activity and Sport

Ethics in Sport

BV

NEA Preparation

NEA Preparation

Recovery Methods from Exercise

YEAR 13

Exercise Physiology & Biomechanical Movement Sport and Society and the Role of Technology in Physical Activity and Sport

Exam Preparation & Exercise Physiology

Linear, Angular and Projectile Motion

Fluid Mechanics

Biomechanical Principles

Injuries/Injury Rehabilitation

NEA Preparation

Social Facilitation, Group Dynamics and Goal Setting

Achievement Motivation

Attribution Theory

Self-Efficacy and Confidence in Sport

Leadership

Stress Management

Diet and Nutrition

DEI

NEA Preparation

Sport and Society Sports Psychology

Sport and Society Sports Psychology

Exam Preparation & Exercise Physiology

The Impact of Sport on Society and of Society on Sport

BV

GB4

NEA Preparation

Preparation and Training Methods

Emergence of the Globalisation of Sport in the 21st Century

NEA Preparation

Musculo-Skeletal System

Respiratory System

Cardiovascular System

NEA Preparation

Energy Systems

Neuromuscular System

Arousal, Anxiety and Aggression

Anatomy and Physiology Skill Acquisition

Anatomy & Physiology Skill Acquisition

YEAR 12

Personality, Attitudes and Motivation

Memory Models

Guidance and Feedback

Theories of Learning

Methods and Types of Practice

Skill Acquisition

FORT PITT GRAMMAR SCHOOL

FORT PITT LEARNING & TEACHING